Quarterly Report

April 2016 to June 2016

BNMT NEPAL

Serving the People of Nepal Since 1967
## Development at a Glance

<table>
<thead>
<tr>
<th>Areas of Intervention</th>
<th>MHPSS, Essential Medicine Support, Health Camp, WASH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Districts Covered</td>
<td>Kathmandu, Bhaktapur, Kavre, Sindhupalchowk, Nuwakot, Makwanpur</td>
</tr>
<tr>
<td>Period</td>
<td>April to June 2016</td>
</tr>
</tbody>
</table>

### Direct Beneficiaries:

<table>
<thead>
<tr>
<th>Service</th>
<th>Total – 221 (Women – 59, FCHV – 16, Children – 146 (101 girls, 45 boys)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psychosocial Counselling</td>
<td>Total – 212 (134 women, 78 men)</td>
</tr>
<tr>
<td>Health Camp</td>
<td>Total – 158 (32 families)</td>
</tr>
<tr>
<td>WASH</td>
<td></td>
</tr>
</tbody>
</table>

**Upcoming projects in next quarter**

- Big Lottery Fund (BLF)
- AmeriCares
# Contents

## Summary

A presentation in AmeriCares regarding the progress

Site visit to Makwanpur

Art Counselling Session in Bhagyodaya Higher Secondary School in Shankhu - 10

Art Counselling session in Paropakar Orphanage Girls Hostel in Bhimsenthan, Kathmandu

Psychosocial Education in Community Urban Health Clinic in Manohara, Kathmandu

A follow up session on Psychosocial Counselling in Paropakar Orphanage Girls Hostel

Follow up session at Bhagyodaya Higher Secondary School in Sankhu-10

Photos of Tistung Health Post Construction Site

Essential Medicines Distribution at Family Hospital

Psychosocial Counselling in Bal Bikas Secondary School in Alapot - 3

Essential Medicines Handover

Meeting with Dr. Raghav Dhital

Follow up session at Bal Bikas Secondary School, Alapot-3

Essential medicine Handover

Visit to SGCP Nepal, Dhapakhel, Lalitpur

Psychosocial Counselling in Jagat Sunder Bwone Kuti, Chagal-15

Free Health Camp in Baramchi-2, Sindhupalchowk

Site Visit to Makwanpur

Inception Meeting at Makwanpur

Follow up Session at Shanti Nikunja Higer Secondary School, Maruhiti

Follow up visit at Self-help Group for Cerebral Palsy, Dhapakhel
BNMT Participation in NATA SEAR Conference................................................................. 17
Third Follow Up Session at Bhagyodaya Higher Secondary School, Sankhu-10 ............... 17
Community Toilet handover program at Samundratar-1, Nuwakot................................. 18
Celebration of World Blood Donor Day, 2016 ................................................................. 19
Individual counselling at Jagat Sundar Bwone Kuti....................................................... 19

Others .............................................................................................................................. 20

New staff in BNMT Nepal ............................................................................................... 20
Interns in BNMT Nepal ................................................................................................... 20
Recommendation from concerned government authorities .............................................. 20
Publications .................................................................................................................... 20
Social Welfare Council (SWC) updates ......................................................................... 21

Key challenges.............................................................................................................. 22

Plan for next quarter .................................................................................................... 23

Annex 1............................................................................................................................ 24
Annex 2............................................................................................................................ 25
Annex 3............................................................................................................................ 26
Annex 4............................................................................................................................ 27
Annex 5............................................................................................................................ 28
SUMMARY

This quarterly report covers the activities performed during the month of April, May and June 2016. Over this period, BNMT team continued programs initiated under Earthquake response and relief initiatives since May 2015.

Basically, psychosocial Counselling was conducted in six locations in Kathmandu and Bhaktapur districts, and Essential medical support was provided to a total of four organisations in Kathmandu, Lalitpur, Okhaldhunga and Nuwakot districts. Similarly, one Health Camp was conducted in Sindhupalchowk district and one WASH related program was conducted in Nuwakot district.

Additionally, this report also summarises on the progress made in reconstruction sites of Makwanpur district, meeting with concerned stakeholders, presentations made and SWC updates.

Finally, this report provides some challenges that came across the psychosocial counselling and highlights on the plans for the next quarter.

ACTIVITIES

A presentation in AmeriCares regarding the progress

On April 1, 2016 our Executive Director Mr. Suman Chandra Gurung, along with Ms Shikha U. Khatiwada (psychosocial Counsellor) made a presentation in AmeriCares regarding the progress on Health Facilities Reconstruction and Health service strengthening in Makwanpur District Nepal. Members present from AmeriCares were Mr. Brian Hoyer, Director; Mr. Rohit Odari, Country Director and Binod Maharjan, Finance Officer.
Site visit to Makwanpur

On April 3, 2016 our Executive Director, Mr. Suman Chandra Gurung, along with Mr. Brian Hoyer, Director AmeriCares visited 2 VDCs in Makwanpur i.e. Makwanpurgadi and Nibuwatar, in order to get updates on the work in progress of the Health Post Reconstruction Site.

In Makwanpurgadi, preconstruction activities (site clearance and demolishing) have been completed. The entire demolishing responsibility has been assigned to Shivam Cement by the Health Facility Management Committee (HFMC).

In Nibuwatar, they are ready to start the preconstruction work for which the infrastructure planning is going on.

Additionally, they had a meeting in District Health Office with DHO Mr. Deepak Tiwari in order to discuss updates on: reconstruction of 4 Health Posts; additional 3 VDCs and; conducting Software programs like WASH/MHPSS/Health Camps or other activities. Thus, BNMT team, DHO Team and AmeriCares have agreed to work collectively to identify additional VDCs and start the intervention as soon as possible.

Art Counselling Session in Bhagyodaya Higher Secondary School in Shankhu - 10

On April 4, 2016 our team of psychosocial counsellors Ms Aroja Maskey, Ms Shikha Khatiwada along with Ms Bibha Dhungel (Program Associate) visited Bhagyodaya
Higher Secondary School in Sankhu-10 to conduct psychosocial Counselling to 20 women from ‘Karmasheel Mahila Samaaj Nepal’ as a continuation of program initiated under Earthquake response and relief initiatives since May 2015. In the session, the participants were involved in game on mindfulness in the first part. Later, in Art Counselling session, they were asked to draw Emotional Wheel and share the experience with their desk partners. The participants found it refreshing and helpful.

One of the participants was happy to share her experience. She told us, “through this session I could be able to recognize different types of emotion I was feeling over this week and realized how much sad (unhappy) I have been lately.”

**Art Counselling session in Paropakar Orphanage Girls Hostel in Bhimsenthan, Kathmandu**

On April 6, 2016 our psychosocial support team (Ms Aroja Maskey, Ms Shikha Khatiwada and Ms Bibha Dhungel) visited Paropakar Orphanage Girls Hostel to conduct Art Counselling to 16 girls of age 9-14 as a continuation of program initiated under Earthquake response and relief initiatives since May 2015. The session started with relaxation exercise followed by
painting on the theme “Who am I?” (with short orientation) and ended with experience-sharing in presence of all. The participants seemed happy and engaged during the entire session.

A fourteen year old student shared her experience, she said, “After this activity I have realized that when your mind is set free, your imagination takes a ride to things you haven’t realized before, it lets you be yourself. This helped me to open up and relax. I was happy that I could express my feelings through art. Before, I had only heard about the word Counselling but after today’s session, I have understood the meaning of Counselling.”

Psychosocial Education in Community Urban Health Clinic in Manohara, Kathmandu

On April 7, 2016 Psychosocial Counselling was conducted in Saamudayik Sahari Swastha Clinic (Community Urban Health Clinic) Manohara, Kathmandu to 16 FCHVs (Female Community Health Volunteers) by our psychosocial support team (Ms Aroja Maskey, Ms Shikha Khatriwada and Ms Bibha Dhungel) as a continuation of program initiated under Earthquake response and relief initiatives since May 2015. The session started with the game of mindfulness followed by psychosocial education. Despite fatigue from the day’s work, FCHVs actively contributed throughout the session as they found it interesting and stress-relieving.
A follow up session on Psychosocial Counselling in Paropakar Orphanage Girls Hostel

On April 11, 2016 our psychosocial team of Ms Aroja Maskey and Ms. Bibha Dhungel visited Paropakar Orphanage Girls Hostel for follow up session on psychosocial Counselling as a continuation of program initiated under Earthquake response and relief initiatives since May 2015. As such, 24 girls participated in this session. The session started with a couple of games followed by meditation exercise. Since this was second visit girls were more relaxed and thus opened up easily. A new student aged 14, who wasn’t present in the last session, was excited to participate in the activities.

She shared, “This session has helped me recognize the power of unity - if we stand together no one can break us. I have also understood that lingering too much in past and stressing too much about future can affect our present; we should focus to live in the present. Besides, I have realised that meditation is an effective way to obtain peace of mind.”
Follow up session at Bhagyodaya Higher Secondary School in Sankhu-10

On April 12, 2016 a follow up session was conducted at Bhagyodaya Higher Secondary School by our psychosocial support team of Ms Aroja Maskey and Ms Bibha Dhungel) as a continuation program initiated under Earthquake response and relief initiatives since May 2015. In the session, psychosocial education was provided to 17 women from Karmasheel Mahila Samaj Nepal.

An hour long interactive session ended with admiration from all.

A 36 year old participant, who is also a teacher, said,

“Changes do not happen overnight; but whatever I have learnt from these sessions is definitely bringing positive shift in me. As a teacher, now I can educate to others more effectively.”
Photos of Tistung Health Post Construction Site

Work in Progress of site construction at Tistung that started from April 17, 2016

Essential Medicines Distribution at Family Hospital

On April 21, 2016 medicines (antibiotics and injections) were handed over to Family Hospital in Thecho, Dhapakhel by our team members Mr. Dharma Bhandari and Mr. Dawa Dorje Sherpa.
Psychosocial Counselling in Bal Bikas Secondary School in Alapot - 3

On April 25, 2016 our team of psychosocial Counsellors (Aroja Maskey, Shikha Khatiwada and Bibha Dhungel) visited Bal Bikas Secondary School in Alapot-3 to conduct Psychosocial Counselling to 18 students (10 girls and 8 boys) of grade 6 and 7 as continuation of program initiated under Earthquake response and relief initiatives since May 2015. The session started with introduction of the participants followed by Art Counselling on goal setting. Both male and female participants actively participated in the session.

A boy of 14 said, “Today I learned to play through art which gave me valuable insights on what I want to do in my life. In fact, while drawing I realized that my deep interest is in playing drum, now I think I will make my career in this.

Essential Medicines Handover

On May 1, 2016, Medicines were handed over in District Health Office, Okhaldhunga for which transportation support was provided by World Health Organization (WHO).
Meeting with Dr. Raghav Dhital

On 6 May 2016, Dr. Raghav Dhital, one of the trustees of Britain Nepal Medical Trust, UK, visited our office. A socially active personality and recipient of “Order of the British Empire (OBE)” in the UK, he was delighted to meet the BNMT Nepal team.

Dr. Dhital appreciated the work done by BNMT Nepal. He regarded the employees as real asset of BNMT and thus encouraged us to perform better in future. He said there might be obstacles but we should stand together, share the difficulties and not to give up.

Lastly he thanked everyone for inviting him and said he is glad to be a part of BNMT.

Follow up session at Bal Bikas Secondary School, Alapot-3

On 11 May, 2016 our Psychosocial Counsellor Ms Aroja Maskey along with our intern Ms Maya Lhyanje Lama visited Bal Bikas Secondary School for follow up session of psychosocial Counselling as continuation of program initiated under Earthquake response and relief initiative since May 2015. A total of 19 participants (12 boys and 7 girls) of grade 6 and 7 were present in the session.

In previous session, participants looked slightly nervous and afraid. They apparently had trouble expressing themselves. In this session, they were slightly relaxed as a result of familiarity with the team. In addition, refreshing game “Chinese Whisper” created a stress-free environment which induced ripple of laughter among the group.
Later, participants drew Emotional Wheel and most of them expressed that anger was the emotion they were facing in their life currently. A boy of 12 said that he would share this with his siblings and make them draw the emotional wheel for their refreshment.

**Essential medicine Handover**

On May 13, 2016 essential medicines were handed over to Dr. Kedar Narsingh KC, Medical Superintendent of Central Jail Hospital, Tripureshwor Kathmandu by our Executive Director Mr. Suman Chandra Gurung. Some of these medicines will be used in central jail and some will be provided to the District Health Office Nuwakot as per their requirement.

**Visit to SGCP Nepal, Dhapakhel, Lalitpur**

On May 17, 2016, a team of BNMT visited Self-help Group for Cerebral Palsy (SGCP) Nepal, Dhapakhel, Lalitpur with the objective of identifying the psychosocial needs of the parents of children with cerebral palsy (CP). The need assessment covered two aspects: one with the service utilizer i.e. the parents and another with the service provider i.e. the
organization representative.

In one section, our psychosocial counsellors talked to four mothers of children with cerebral palsy and in another section, other team members listened to Mr. Sushil Shrestha, Executive Committee member who explained about the services/programs provided by SGCP to children and their parents.

Finally, our team observed the activities running in SGCP. At the end of visit, our team expressed the need to conduct psychosocial Counselling activities to the parents of children with cerebral palsy. SGCP also showed their interest in working with the BNMT team regarding the same.

Psychosocial Counselling in Jagat Sunder Bwone Kuti, Chagal-15

On May 20, psychosocial Counselling was conducted in Jagat Sundar Bwone Kuti Secondary School by our psychosocial counsellors Ms Aroja Maskey, Ms Shikha Upadhyaya Khatiwada and intern Ms Maya-Lhanze Lama as continuation of program initiated under Earthquake Response and Relief Initiatives since May 2015. The Counselling session was divided into two parts, i.e. Group Counselling and Individual Counselling. Group Counselling session was held for 20 students (13 girls, 7 boys) of
grade 8 by Ms Shikha and individual Counselling session was held for a 15-year old student by Ms Aroja Maskey.

The group counselling session comprised of Art Counselling and meditation. Art Counselling involved drawing “Tree of Life” that enabled students to envision their origin, skills, knowledge, hopes and dreams and inspirational figures. A student shared that the session enabled her to think about her aim in life, her future hopes and dreams; and it made her remember her family and the people that inspire her.

Similarly, individual Counselling included relaxation techniques and methods to express emotions that helped the student to relax and open up on his emotions.

**Free Health Camp in Baramchi-2, Sindhupalchowk**

On May 21, 2016 a free health camp was organized by BNMT Nepal in Baramchi-2, Sindhupalchowk District for the second time in a different premises i.e. Hydropower building compound.

In the camp, three check-up tents were operated along with distribution of free essential medicines, provided by BNMT. Each tent was run for separate diagnostics (Orthopaedics, Paediatrics and Neurology; Obstetrics and gynaecology; otolaryngology – ear, nose, throat). Following the check-ups, patients were provided with free medicines in the main building.

Total 212 people of all ages, with 134 women and 78 men, were directly benefitted from the camp.

Therefore, we would like to express our sincere gratitude to Dr. Kamal Bikram Thapa, Dr. Diwakar Gajurel, Dr. Prabhat Shrestha, Dr.
Manisha Shrestha and Dr. Sunil Parajuli; nurse, Ms Archana Adhikari and a pharmacist, Ms Rachana Shrestha along with several volunteers for their active participation and support in conduction of this camp.

**Site Visit to Makwanpur**

On May 23, 2016 our team of Mr. Suman C. Gurung (Executive Director), Mr. Raghu Dhital (WASH Coordinator), Mr. Amod Thapa (Technical Advisor), Ms Shikha Upadhyaya (Psychosocial Counsellor), Mr. Sudin Shrestha (Construction Manager) along with a team of AmeriCares Ms Rohit Odari (Country Representative) and Ms Rosy Shrestha (Program Engineer) visited project Sites in Tistung, Nibuatar, Makwanpurgadi and Basamadi in order to observe the work-in-progress of the Health Facilities Reconstruction activities.

As per the observation, following work had been completed till the day:

- In Tistung Health facility reconstruction site, roof work had been completed
- In Nibuatar Health facility reconstruction site, Truss work had been going on
- In Makwanpurgadi Health facility reconstruction site, soling work had been going on
- In Basamadi Health facility reconstruction site, site clearance of the land had been completed
Inception Meeting at Makwanpur

On May 23, 2016 Inception meeting was held in Makwanpur with the objective of sharing the details of “Health Facilities Reconstruction and Health Service Strengthening in Makwanpur district” project with concerned stakeholders (CDO, LDO, RHD, DHO/PHO, HFOMC and I/NGOs); and developing common understanding on implementation process of the project with the stakeholders.

Distinguished government officials were present in the meeting i.e. Dr. Ramesh Bikram Singh, Regional Health Directorate (RHD), Hetauda; Mr. Suryamani Subedi, Acting DHO, Makwanpur; Mr. Hari Panta, CDO, Makwanpur; Mr. Laxman Bikram Thapa, LDO, Makwanpur; Ms Shova Shah, WDO, Makwanpur along with other district level and local level stakeholders. Similarly, Dr. Vijaya Shrestha, Treasurer of BNMT Board; Mr. Suman Chandra Gurung, Executive Director; Mr. Raghu Dhital, WASH Coordinator; Ms Shikha Khatiwada, Psychosocial Counsellor; Mr. Sudin Shrestha, Construction Manager on behalf of BNMT and, Mr. Rohit Odari, Country Director and Ms Rosi Shrestha, Project Engineer from AmeriCares participated in the meeting.

The meeting was concluded with appreciation from the stakeholders, ensuring commitment by all to abide by their responsibilities and actively contribute in every phase for the successful completion of the project.
Follow up Session at Shanti Nikunja Higher Secondary School, Maruhiti

On May 24, 2016 our team of psychosocial Counselling (Ms Aroja Maskey along with interns Ms Shraddha Acharya and Mr. Tara Aryal) visited Shanti Nikunja Higher Secondary School, Maruhiti for follow up session as continuation of program initiated under Earthquake Response and Relief Initiative since May 2015. In the session, psychosocial education was provided to 45 students (29 girls and 16 boys) of grade 9 on the topic “Friend Circle”. The session mainly focused on understanding participants’ perception and influence of good/bad behaviour, making them aware about steps and phases of healthy relationships and helping them understand their circles so as to make correct decisions in choosing friends. In the end, some of the students raised few questions on biological and mental changes that occur throughout the adolescent period which were addressed by our team.

Overall, the students found the session as a beneficial one and expressed that they would definitely apply the understanding of the session in their future demeanours.
Follow up visit at Self-help Group for Cerebral Palsy, Dhapakhel

On May 25, 2016 our psychosocial counsellor Ms Aroja Maskey and intern Ms Maya-Lhanze Lama visited Self-help Group for Cerebral Palsy (SGCP), Dhapakhel for a follow up interview of four mothers of patients with Cerebral Palsy. These interviews are part of needs assessment of services for People with Cerebral Palsy in Nepal, being conducted with the purpose of mapping the services, identifying the gap in the services and understanding what is needed.
BNMT Participation in NATA SEAR Conference

On May 26 and 27 2016, BNMT Nepal participated in “The 3rd Conference of the Union South-East Asian Region (SEAR)” organized by Nepal Anti-Tuberculosis Association (NATA) in Hotel Yak & Yeti. In the conference, professionals from different countries like Nepal, India, China, Bangladesh, Sri Lanka, and Pakistan presented on subject matters based on the theme “TB and Lung Health”.

From BNMT, our Country Representative Dr. Kulesh Bahadur Thapa; Programme Coordinator Mr. Raghu Dhital; MSPSS Coordinator, Ms. Saki Thapa; and Psychosocial Counsellors Ms. Aroja Maskey, and Ms. Shikha U. Khatiwada, attended the conference.

Third Follow Up Session at Bhagyodaya Higher Secondary School, Sankhu-10

On May 31, 2016, Ms Aroja Maskey, Psychosocial Counsellor and Ms Maya-Lhanze Lama, Intern visited Bhagyodaya Higher Secondary School in Sankhu-10 to conduct third follow up session to 22 women from “Karmasheel Mahila Samaj Nepal”. In the first half, the participants were involved in Art Counselling on topic “Me and My Map” which enabled them to thoroughly think about themselves and the people surrounding them in their lives. In the second half, counselling was provided by Ms Aroja on the topics “Suicide Prevention Method” and “Stress management”. A short meditation was conducted at the end of the session.
Lastly, the participants expressed that they felt immensely motivated through these sessions and wished to take part in individual Counselling as well.

Community Toilet handover program at Samundratar-1, Nuwakot

On June 1st 2016, Mr. Raghu Dhital, WASH (Water Sanitation and Hygiene) coordinator, Mr. Laxmi Dahal, Finance Officer along with Ms Maya-Lhanze Lama, intern visited Samundratar-1, Nuwakot to hand over a four-compartment community toilet constructed under the responsibility of HFOMC, supported and guided by the BNMT.

The community toilet includes two men’s toilet, one women’s toilet and one bathroom that will be used by local families whose toilet and bathroom facilities had been damaged by the earthquake. It will later be available to the public to prevent open defecation in the area.

BNMT Nepal would like to express its sincere gratitude towards Felicity Claire Virgo’s father for his financial support in memory of his daughter.
Celebration of World Blood Donor Day, 2016

On June 14, 2016, BNMT Nepal celebrated World Blood Donor Day, 2016 by conducting a short information sharing session in its own premises. Highlighting on this year’s theme “Blood connects us all”, our interns Ms. Shraddha Acharya and Mr. Tara Prasad Aryal made a presentation on the topic, “Knowing about blood and blood donation”. They shared some valuable insights on important aspects of blood and blood donation.

Prior to the presentation, the interns distributed a quick self-evaluation questionnaire to all the participants in order to test their awareness on the topic. And, during the discussion round following the presentation, the participants shared their own understandings on blood and blood donation.

The BNMT team is thankful to the interns for delivering such an insightful presentation that really enlightened and inspired all to donate blood in future.

Individual counselling at Jagat Sundar Bwone Kuti

On 14 June 2016, individual counselling was conducted to two students by our psychosocial counsellors Ms Aroja Maskey and Ms Shikha Upadhyaya Khatiwada. Ms Aroja conducted follow up session with 14 year old boy that included Art counselling titled “Who am I”. Similarly, Ms Shikha conducted first session with a 14 year old girl that comprised of relaxation techniques and Art Counselling on title “Tree of Life”. These sessions enabled the two teenagers to relax, envision their hopes and dreams, skills and knowledge and helped them open up more on their emotions.

Similarly, on 17 June, 2016, follow up session was conducted to the same individuals in order to assess more on their problems. As such, Ms Aroja made the 14 year old boy draw “My Years in tree rings” and helped him relax through “Progressive Muscles Relaxation Technique” and to the 11 year old girl, she conducted art counselling and deep breathing exercise. Ms Shikha conducted counselling to two individuals – a 14 year old girl and a 10 year old boy. To the girl, Ms Shikha conducted breathing exercise and
made her draw on “Goal Setting” and to the boy; she conducted relaxation exercise and
made him draw “Happy Moments and Sad Moments”.

As a result, the students found the sessions really helpful to overcome stress and anxiety,
enhance concentration power and make them more positive towards life.

OTHERS

New staff in BNMT Nepal

On April 1, 2016, new staff Ms Bibha Dhungel joined BNMT Nepal under the
designation “Program Associate”. She is responsible to work with the fund raising team
to write proposals, assist in preparing reports, make field visits and update information on
website and Facebook page.

Interns in BNMT Nepal

On April 25, 2016, Ms Maya-Lhanze Lama joined BNMT Nepal as an intern assigned to
do a research on the need assessment of services for people living with cerebral palsy in
Nepal. She is a 2nd year student of Development from McGill University, Canada. She
was present in the organisation for eight weeks i.e. till June 24, 2016.

Similarly, on 16 May 2016, two interns, Ms Shraddha Acharya and Mr, Tara Prasad
Aryal joined BNMT Nepal to do their internship for four and a half months as an
academic requirement. They are 4th year students of Public Health from Institute of
Medicine (IOM), Maharajgunj.

Recommendation from concerned government authorities

As a green signal to conduct intervention program under BLF project and AmeriCares
Project, BNMT Nepal received approval from the concerned government offices which
grants permission to work in five districts, Kathmandu, Bhaktapur, Makwanpur, Nuwakot
and Sindhupalchowk (see Annex).

Publications

BNMT Nepal contribution towards health systems have been incorporated and published
in Department of Health Services, National Tuberculosis Centre, National Tuberculosis
Centre Post Disaster Need Assessment, Eastern Regional Health Directorate Annual
Report and also published in Ministry of Health and Population and World Health Organization bulletin.

Since massive earthquake, BNMT Nepal has been upfront in addressing community focused response and relief initiatives with close coordination with Government of Nepal and actively participated through health cluster meeting, sub cluster meeting. Therefore, Government of Nepal fully endorsed on board as one of the supportive partner.

**Social Welfare Council (SWC) updates**

**Approval of Project Proposal**

- On 2 June 2016, SWC approved project proposal for core fund
- On 16 June, 2016, Project proposal for BLF was submitted to SWC with all required documents, which is under process for approval.

**Project Agreement**

Following the agreement with Ministry of Health and Population (MoHP), reconstruction work funded by AmeriCares is under process. And, project agreement for the same was discussed in the Facilitation Committee on 27 June 2016. (The Facilitation Committee is chaired by Joint Secretary of Ministry of women, Children and social welfare and involves several ministries such as Ministry of Women, Children and Social Welfare; Ministry of Home; Ministry of Finance; Ministry of Foreign Affairs; National Planning Commission; Ministry of Law and Justice; Ministry of Local Development; and other concerned ministries.)
KEY CHALLENGES

The team faced the following challenges while conducting psychosocial counselling:

1. In some of the group counselling settings, our team observed low attendance among participants especially, women and children. They were unable to attend the session as children were having vacation and women were engaged in house works. Also, our team observed that in some schools regular follow up session (as per the schedule) were not possible due to the examination of children. We tried to overcome the problem by coordinating and managing time beforehand with the teachers.
PLAN FOR NEXT QUARTER

In the next quarter, our two upcoming projects, BLF project (funded by BLF) and Health Facilities Reconstruction Project (funded by AmeriCares) will be implemented. Similarly, BNMT Nepal will continue coordination with National Tuberculosis Centre (NTC) and contribute as a committee member in preparation of National Strategic Plan for TB.

As such, following activities will be performed:

**BLF Implementation**

- Coordination meeting with government line agencies
- Staffs recruitment
- Inception meeting with respective districts
- Office set up and logistics management
- Pre-information collection for respective VDCs
- Program implementation

**AmeriCares implementation**

As per the latest update, reconstruction of four health facilities has been going on in all the sites including Fakhel. And by September, all the health facilities will be handed to the communities.

For AmeriCares Project – phase II, reconstruction of additional three health facilities with public health interventions in seven VDCs will be implemented in the next quarter as follows:

- Staffs recruitment
- Office set up and logistics management
- Pre-information collection for respective VDCs
- Start of construction activities of additional three new prefab Health Facilities and public health interventions in seven VDCs
- Handover of reconstructed four Health Facilities to the DPHO

**Tuberculosis (TB)**

- Regular coordination and collaboration with National Tuberculosis Centre (NTC) and concerned stakeholders
- Continued support for preparing National Strategic Plan (NSP) for TB
Permission Letter from DPHO Makwanpur for BLF and AmeriCares projects
Permission Letter from DPHO Makwanpur for BLF project
Permission Letter from DPHO Makwanpur for BLF project
ANNEX 4

जिल्ला जनस्वास्थ्य कार्यालय, नुवाकोट

प.सं. : २०७२/०१/५
वर्ष: नवम्बर २०७२

भक्तपुर जिल्लाको स्वास्थ्य निदेशन स्वास्थ्य सेवा संचालन अधिकारी

उपरोक्त बिचमा यसहाको गरी २०७२/२/१६ को प्रारम्भ पर्याय व्यावस्था पुनःस्थापना गर्न दिनसंबाटमा, स्वास्थ्य निदेशन स्थापना तथा प्रारम्भ पर्याय व्यावस्था, मनोसामाजिक परमार्थ उपलब्धिक स्वास्थ्य र सरकारबाट जनस्वास्थ्य प्रयोगको कार्य गर्न अनुमति दिएको छ।

प्रमुख

जिल्ला स्वास्थ्य कार्यालय

नुवाकोट
Permission Letter from DPHO Makwanpur for BLF and AmeriCares project